

**FUNDRAISE TRAVEL**  
**TRAVEL FOR A MEANING**



THE Alzheimer  
SOCIETY OF IRELAND



**Travel, play, and make a difference!**



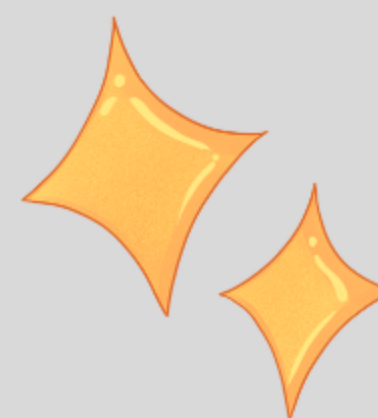
**From city to city, BRIDGE brings you together!**



**Ages 65 and above, make the most of your free travel!**

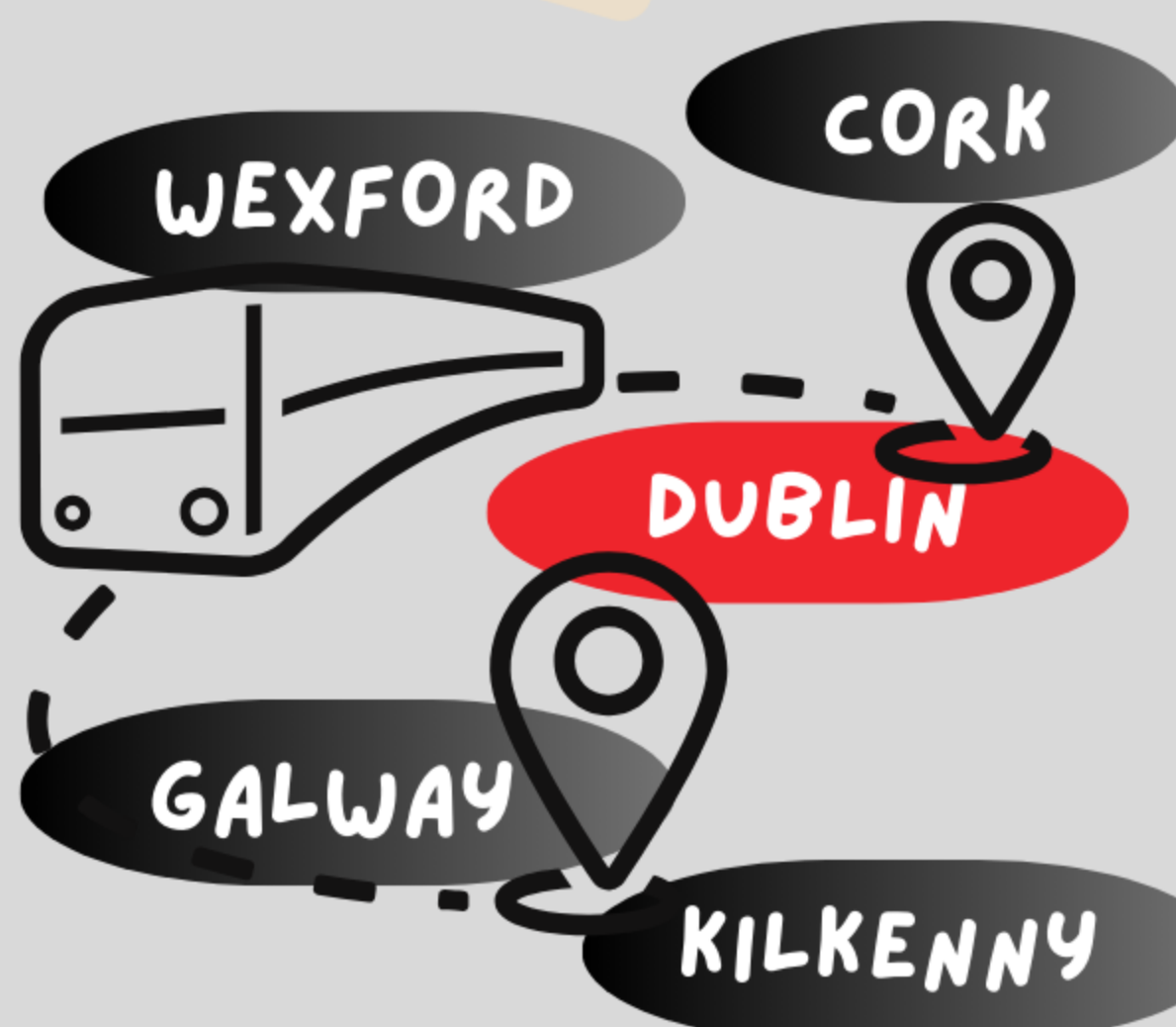


**Enjoy the cuisine in a 4-star hotel**



**Starting 2nd Tuesday of April**

**Play, Travel, Fundraise— Make life exciting!!**



**Journey. play. connect!**



**For further details, call us at:**  
**085 122 8417**



UPCOMING

## BRIDGE TRAIN to GALWAY



Date- 8th April, 2025

Venue- The Dean Hotel Galway

(3 minutes walk from the train station)

Departure- 9:25am, from Heuston station

Return- 5:20pm, to Dublin (same day)

Enjoy lunch in a 4 Star Hotel

(scroll down for a sample menu, main course and tea or  
coffee will be served on the day )  
as promoted by Sunshine radio station



*For more details:*

**CONTACT US**



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# Sample Menu for 8th April, 2025

## BRIDGE TRAIN to GALWAY

*Main course and tea or coffee will be served*

### ELEPHANT & CASTLE



#### Starters

Soup of the Day

Baby Back Spare Ribs, Molasses-Ginger Glaze

Spicy Chicken Wings Served with Celery Sticks & Blue Cheese Dressing

Baby Caesar Salad with Cos, croutons, Bacon, Parmesan & Anchovy

#### Main Course

10 oz New York Striploin, Bacon & Mozzarella Croquettes, Roast Cherry

Tomatoes, Portobello Mushroom and Pepper Sauce or Garlic Butter

Pan Roasted Chicken Supreme, Olive & Rosemary Sauce with Mashed

Potato

Pan Fried Cod Fillet, Baby Potatoes, Tender Stem Broccoli, Green Beans,

Chorizo Cream Butter

Beetroot & Pomegranate Salad, Balsamic Vinaigrette, Deep Fried Goats

Cheese, Cherry Tomato, Candied Pecans

\*Please ask your server for the special of the day

#### Dessert

Salted Caramel Brownie with Chocolate Sauce & Vanilla Ice Cream

Apple Crumble Served with Whipped Cream

Sticky Toffee Pudding with Vanilla Ice Cream