**CONTRACT BRIDGE ASSOCIATION**

**OF IRELAND**

**CORONAVIRUS GUIDANCE**

**ADAPTED FROM HSE WEBSITE**

**Do**

Wash your hands properly and often

Cover your mouth and nose with a tissue when you cough or sneeze

Put used tissues into a bin and wash your hands

Clean and disinfect frequently touched objects and surfaces

Ask East/West pairs to take their bidding boxes with them when moving

Try to avoid close contact with people who are not well

**Don’t**

Touch your eyes, nose or mouth if your hands are not clean

Come to bridge if you are feeling unwell